

21  
Days

21 Days of Prayer & Fasting  
Hopewell Christian Fellowship Daily Devotional

Day 9 - Saturday, January 10, 2009

Name : Pastor Joel Kolb

Theme: Confession Promotes Healing

Scripture: James 5:14-16

Key Verse:

Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. (James 5:16 NKJV)

Meditation:

Yesterday we talked about confessing your sin to God. Perhaps you are still wrestling with that one? I hope that you have done so in at least one area of your life, because I am going to suggest that you take another step...tell your struggle to someone else.

Now I am not suggesting that you need to share your private matters with just anyone, but you need to tell someone. Why? Because that's how we are healed!

When you confessed your sin, God forgave you! You were instantly cleansed in your spirit and before God. The way to bring that gift of healing into the natural realm is to literally confess to another brother or sister in Christ who loves you enough to listen.

As long as sin remains a secret, satan uses it to blackmail us. He says, "If anyone knew that about you, they wouldn't love you." The walls that we put up to protect ourselves from not being loved actually keep us from loving and being loved.

Relationships were designed by God to be a constant healing influence in our lives. Find someone who knows the healing power of God, someone who has found peace through forgiveness and you have found someone whom you can trust to listen and to love you.

Try praying together about the matter and see what happens. I have seen people's faces literally change before my eyes as I helped lift them to the Father in prayer. Worry lines fade as stress melts away and physical ailments mysteriously disappear as forgiveness is released.

Prayer: Father, I confess my sin before you and to my brother/sister here. Forgive me. Today, with you and them as my witness, I make the choice to forgive those who have hurt me. I repent of the ways in which I have responded out of hurt and fear. Forgive me for trying to be independent and doing my own thing. I will keep my heart open with your help and with the help of my brother/sister in Christ. Heal me... body, soul and spirit. AMEN.