

Day 7- Thursday, January 8, 2009

Name: Pastor Anita Malizzi

Theme: A Focused Mind

Scripture: Isaiah 26:3-4

Key Verse: Isaiah 26:3-4 You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the LORD forever, for in YAH, the LORD, is everlasting strength.

Meditation: When there is torment in the mind there is no peace. But you can make a choice by an act of your will to keep your mind focused on God and your emotions will begin to come into a place of peace. Do not let your emotions overwhelm you, but determine to trust God in all things and keep your mind focused on the power of your God to bring you through. He is ALL-mighty, He is ALL-powerful, He is ALL-loving. In the Lord is everlasting strength. Focus on the character of God, not on the character of your troubles. As your understanding of God grows, your peace will grow because your mind will be focused on the answer, not on the problem! Perfect peace is the "shalom shalom" of God- double peace! Are you ready for His double peace? When you put all your trust in Him- not in your own ability or in anyone or anything else, but in Him alone- great peace and great strength in God arises from within. Focus clearly on God- no distraction, no wandering thoughts- and experience the blessing that comes with total confidence in Him- perfect peace!

Prayer: Lord, I declare: "You alone are my source. You alone are my strength. You alone will keep me in perfect peace." I speak to my mind and declare, "Mind, you will stay focused on the Lord! Mind, you will trust in the Lord!" Lord, my confidence is in You and I receive Your perfect peace, the shalom shalom from heaven's throne! In Jesus' name. AMEN.